



LEADING FEARLESSLY, TRANSFORMING RELATIONSHIPS

ZL2

MAY 07-10, 2020

Le Chalet dans les Etoiles

1304 route de l'Ételley, 74340 Samoëns, France



“The IZL training with Dr. Whitelaw and colleagues opened my mind, eyes and heart to boundless potential. I will apply these lessons to my daily life and work.”

- Cindy Haq, MD, Chair, Dept of Family, Medicine, University of California, Irvine

“This program helps you find and release the wisdom and power already within you.”

- Ed Bernard, Ret. Vice Chairman, T Rowe Price

THE NEXT STEP TOWARD UNLEASHING YOUR CAPACITY TO LEAD FROM YOUR WHOLE SELF

Fear is what holds us back; take away fear and you unleash capacity in yourself, and in those around you

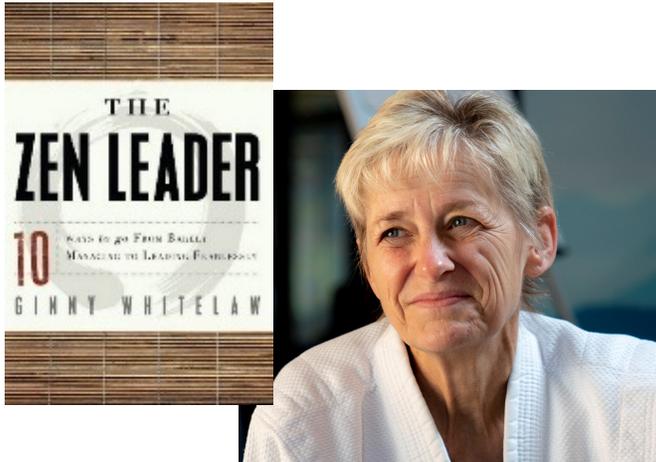
This program shows you the way to free up fear, expand your influence, empower the best in others, resolve conflict, and lead from a deeper sense of connection

WHAT YOU'LL GET OUT OF IT:

- Rooting out the source of fears in yourself and experiencing the physical difference between working with fear and avoiding it
- Discovering your power in all sources of relationship conflict and working through them
- Practices to access a state of connectedness that builds resilience and takes away fear
- Ways to transform relationships to bring out the best in others



LEAD THE WAY



LED BY

author of *The Zen Leader* and founder of the Institute for Zen Leadership

DR. GINNY WHITELAW is a Zen master in the Chozen-ji line of Rinzai Zen, and a recognized expert in leadership development. Author of 4 books, she has 25 years of experience developing global leaders. Formerly the Deputy Manager for integrating NASA's International Space Station, she holds a Ph.D. in biophysics, as well as a 5th degree black belt in Aikido.

"Trust the program and Ginny; Zen leadership will open you to infinite sources of energies around and within you."

- Florence Lasbennes, Managing Director, ASD

"A completely different way of learning to lead for yourself and others with integration of mind, body and spirit."

- Alexandra Adams, M.D., Ph.D., Montana State University

WHO SHOULD ATTEND?

Open to graduates of *The Zen Leader* and leaders with equivalent experience and knowledge in Zen, yoga and embodiment.

Questions? Contact: cris.nakano@gmail.com

SCHEDULE

6pm Thursday, May 7th

3pm Sunday, May 10th

On Fri., Sat. and Sun., we start early (6am). The program is carefully balanced with time for meditation, physical training practical application, and reflection.

LODGING

3 lodging options are available at the beautiful Chalet dans les Etoiles: private room, 2-person room, 3-person room (all rooms have their own bathroom).

COST

The prices below include program, materials, lodging and meals from Thursday dinner through Sunday lunch. Does not include transportation to/from "Chalet dans les Etoiles" (we can help organize car closer to the date).

€ 940 (US\$ 1040) Lodging in 3-person shared room

€ 1020 (US\$ 1130) Lodging in 2-person shared room

€ 1300 (US\$ 1440) Lodging in private room

OPTIONAL HIKE

We will organize a hike in the morning of Thursday May 7 for those who want to see a bit of the region (8:30am departure from Samoëns). If you are flying in and want to join the hike, please arrive by Wed. evening (we can help organize Wed. accommodation in Samoëns for ~€50/person).

REGISTER NOW:

ZEN LEADER 2, MAY 7-10, 2020