



Leading Fearlessly, Transforming Relationships

ZL2

NOV. 19-22, 2020

Brought to you in a rich, experiential online environment



“This is a fantastic course that combines physical work, breath work, and lessons to help lead without fear and positively transform relationships. The online format worked really well.” - John Mulcahy, Founder, HealthGenuity, Chairman, MIOTify

“I learned from this program that I have all the tools I need to be a good leader. I just need to practice. The toolkit is always accessible. I have had many nuts and bolts trainings, but here I learned to use my whole body.”

- Judy Washington, M.D.

The next step toward unleashing your capacity to lead from your whole Self:

Fear is what holds people back; take away fear and you unleash capacity in yourself, and in those around you. This program equips you with ways to free up fear, expand your influence, empower the best in others, resolve conflict, and lead from a deeper sense of connection.

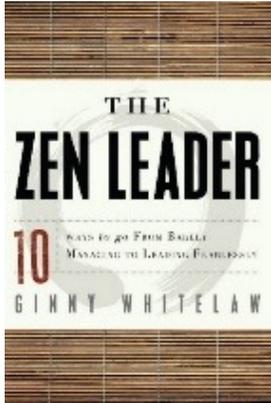
WHAT YOU'LL GET OUT OF IT:

- Rooting out the source of fears in yourself and experiencing the physical difference between working with fear and avoiding it
- Discovering your power in all sources of relationship conflict and working through them
- Learning how to work with shadow-side resistance and its connection to fear
- Ways to transform relationships to bring out the best in others

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LEAD THE WAY



LED BY

author of *The Zen Leader* and founder of the Institute for Zen Leadership

GINNY WHITELAW is a Zen master in the Chozen-ji line of Rinzai Zen, and a recognized expert in leadership development. Author of 4 books, she has 25 years of experience developing global leaders.

CRIS NAKANO. An accomplished athlete and professional, since encountering Zen Leadership in 2017, Cris has been cultivating a new way of feeling truly alive through the practices of Zen meditation, yoga and somatics, taking inspiration from the impermanence of the Alps.

WHO SHOULD ATTEND?

Open to graduates of *The Zen Leader* and leaders with equivalent experience and knowledge in Zen, yoga and embodiment.

Questions? Contact: bill@zenleader.global

"Trust the program and Ginny; Zen leadership will open you to infinite sources of energies around and within you."

- Florence Lasbennes, Managing Director, 4SD

"A completely different way of learning to lead for yourself and others with integration of mind, body and spirit."

- Alexandra Adams, M.D., Ph.D., Montana State University

SCHEDULE - U.S. CT
(WITH EXTRA SESSIONS FOR CET)
7 pm Thursday, Nov 19th
12 pm Sunday, Nov 22nd

On Fri., Sat. and Sun., we start early (7am). The program is segmented into blocks and carefully balanced with time for meditation, physical training, practical application, and reflection.

JOIN US ONLINE!

People who are coming through these virtual programs are finding them to be powerful, fun, engaging and some of the most interesting time they've spent sheltered-in-place. One participant reported that it felt meaningful to her to establish the meditation practice at home because "that is where the practice lands." Our online programs are a fraction of the cost of our live programs, and NO travel expenses!

COST

\$545 Program only

A limited number of [scholarships are available](#), if you wish to apply. Or contact bill@zenleader.global for a sample letter asking your organization to sponsor you.

REGISTER NOW:
ZEN LEADER 2, NOV 19-22