



# HEAL 3

**June 10-13, 2021**

**Online in a rich, experiential learning environment**



**Praise from participants for our programs:**

***"I have never transformed to entirely, so completely, with such integrity as I did this weekend. The method is sound, and if you let it change you, you will be the best version of yourself."***

*- Kristi Crymes, Family Medicine, Faculty Physician*

***"Zen gives you the space and provides the environment where you can deepen self discovery and growth in order to impact the rest of the world. Dare yourself to become."***

*-Veronica Figueroa, Executive Director, Unidos*

The final course in the HEAL Series equips you with the physical condition to face challenging situations with resilience, joy and change agent skills. You'll deepen your resourcefulness for realizing desired shifts in your practice, clinic, or system.

We'll guide you in taking on a transformation project of your choice, where you apply all the "flips" and practices you've learned with support from instructors and colleagues in healthcare.

## **WHAT YOU'LL GET OUT OF IT:**

- Practices for liberating self-imposed limitations and manifesting your vision
- Clarity about a future that is ready to come through you and the body for supporting it
- Deepening, direct experience of Samadhi connectedness with application to your life and work
- Practical ways to apply a Zen Toolkit and the flips of ZL to your transformation project, along with coaching support



## LEAD THE WAY



## LED BY

### Healthcare practitioners, leadership experts and Zen teachers...

associated with the UW Madison, Cox Health and the Institute for Zen Leadership (IZL), including Ginny Whitelaw Roshi, founder of IZL., and Bob Caron, Ph.D., ZL Instructor

## ACCREDITATION

### **Accreditation and Credit Designation Statements**

In support of patient care, SSM Health is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

ACCME – Physicians

SSM Health designates this live activity for maximum of 25 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC – Nurses

SSM Health designates this live activity for a maximum of 25 ANCC Contact hours.



**“Zen Leader is for everyone wanting to deepen their understanding and ability to recognize and actualize their purpose in the world.”**

– Alexandra Adams, M.D., Ph.D., Director, Center for American Indian and Rural Health Equity, Montana State University

## SCHEDULE

**7pm CT Thursday, June 10<sup>th</sup> -  
12pm CT Sunday, June 13<sup>th</sup>**

On Fri, Sat and Sun, we start early - 7:00 am CT in the US. The program is carefully balanced with time for meditation, physical training practical application, and reflection.

## JOIN US ONLINE

People who are coming through these virtual programs are finding them to be powerful, fun, and engaging. One participant reported that it felt meaningful to her to establish the meditation practice at home because "that is where the practice lands." Our online programs are a fraction of the cost of our live programs, and NO travel expenses!

## COST

**\$545**

A limited number of [scholarships are available](#), if you wish to apply. Or contact [bill@zenleader.global](mailto:bill@zenleader.global) for a sample letter asking your organization to sponsor you.

REGISTER NOW:

**HEAL3 JUNE 10-13, 2021**

**ZENLEADER.GLOBAL**

QUESTIONS? CONTACT: [bill@zenleader.global](mailto:bill@zenleader.global)